# YEAR 11 MOCK 1

**Revision Guidance** 



Sedgehill Academy 2020/2021

# **Year 11 Revision tips**



Year 11, this is a message from Mr Edwards along with some of his top revision tips.

"I can't begin to express how proud I am to be your Head of Year, you all have the potential to achieve and succeed in life. This time of your school career is so important that you stay focused and committed to your studies. Be the best version of yourself, work hard, study hard, revise hard and achieve greatness".

## **Motivational Quotes:**

"Tomorrow is too late, yesterday is over and now is exactly the right moment to start."

"You don't want to look back and know you could have done better."

"Nothing worth having comes easy."

## **Mr Edwards Top 5 Tips:**

- 1. Make a revision timetable, always let your family know when your revising and stick to the plan.
- 2. Allow yourself some time to relax each day, do some exercise and make sure you get a good 8 hours sleep each night.
- 3. Eat well. Good brain foods, for example: wholegrain foods, fruit, vegetables, oily fish and nuts.
- 4. Create summary notes and anything simple that helps you remember. Remember our assembly on the three main principles of how to memorise: visualise/imagery and involve as many senses as possible.
- 5. Don't be afraid to ask for help. Stay POSITIVE.

Good Luck Year 11 and remember "If You Work Hard Anything Is possible."

# **English**



### **English Language Paper 1**

### **Section A:**

Question 1: List four things [4 marks] Question 2: Language analysis [8 marks]

Question 3: Identify structural features [8 marks]

Question 4: To what extent do you agree...? You will be given a statement 20 marks]

**Revision:** review the 'rules' for each question.

#### **Section B:**

Descriptive or narrative writing [24 marks for content and organisation + 16 marks for technical accuracy]

**Revision:** Practice planning & writing using the following prompts.

- Write a story in which a photograph plays a significant part. [24+16 marks]
- Write a story set in a war zone. [24+16 marks]
- Write the opening of a story which involves a secret.
   [24+16 marks]
- Describe the city at night. [24+16 marks]
- Describe a place of great importance to you [24+16 marks]

#### **English Literature Paper 1**

### Modern Novel: Pigeon English [30 marks]

- Re-read Pigeon English and complete the sheet of 'key moments' and explain from these events what Kelman is trying to communicate about Harrison, his relationships or life in London
- Character maps for key characters:
  - o Harri
  - Lydia
  - Teenagers: Jordan & The Dell Farm Crew; Dean & Poppy
  - o Adults: Mama/ Auntie Sonia/ Julius/ Papa
- Revision of key themes:
  - Cycle of violence
    - o Education
    - o Broken Community
    - Victims of society
    - Tragedy

### Poetry Anthology: Power and Conflict [30 marks]

- o Re-read the 14 poems we have studied in the anthology.
- Use the resources on UL Student Hub to support your revision and catch up on any poems we have missed:
   <a href="https://curriculum.unitedlearning.org.uk/Student?t=1224">https://curriculum.unitedlearning.org.uk/Student?t=1224</a>

   [Note: We have not yet covered 'Tissue' and you will not be expected to write on it for this mock exam].
- Use your CPG work book to revise the key themes:
  - Power of humanity
  - o Power of nature
  - o Effects of conflict
  - Reality of conflict
  - Loss and absence
  - Memory
  - Identity
  - Individual experiences

# Maths (Foundation)



Year 11, please go on to Hegarty maths and go through the list below, concentrate on your weaker areas. Good luck!

	Mock 1 Foundation
Shapes With Acute, Obtuse And Right Angles	455
One Step Division Equations	178
Adding and subtracting with negatives	41
Evaluate Calculation Method	72
Addition and Subtraction	47
Multiply Decimals up to 3dp	48
Coordinates and Shapes	199, 822
Worded Problem	20
Mode from a Chart	425
Probability from a Chart	425, 351
Common Factors	27
HCF and LCM by Listing	34
Worded Division Problems	23
Multiplication and Division	23
Parallelogram from Triagnles	824
Trapezium from Triangles	824
Rhombus from Triangles	824
Percentages of Amounts to Multiples of 5	85
Improper Fraction of Amount	77
Volume of a Prism	568
Identify by Cross Section	829
Evaluate Bearings Method	492
Evaluate Bearings Claim	492
Scales Diagrams	492, 865
Equivalent ratios	329
Forming and Simplifying Ratios	331
Sharing into a Ratio	332
Comparing Data Sets	410
Expressions and Equations Problem	168,38,152,156
Converting to standard form	122
Standard Form	126, 123
Tree Diagrams	362
Probability and Tree Diagrams	362

Multiples, Squares, Primes, Factors and	
Cubes	100
Fractions and Decimals	52
Metric Conversions	692
Units of Time	710
Using a Calculator	129
Estimation and Reasoning	56
Bank statements	757
Sum of Reflex Angles	562, 8
Symmetry	827
Symmetry of Irregular Polygon	822, 82
Frequency trees	368, 7
Reverse Fraction Problems	77, 79
Criticize a Bar Chart	425
Scales Diagrams	866, 5
Similar Shapes and Ratio	333
Venn diagrams	383
Venn Diagrams and Probability	383
Find y-intercept	207
Conversion Graphs	713
Draw Straight Line in Context	712
Intersection of Straight Line Graphs	713
Algebraic Expressions Worded Problems	153
Forming equations from worded questions	188
Pressure and Density	734, 5
Direct Proportion as a Graph	348
Loci and Construction	677
Speed Problems	722
Ratio and Shape Problems	499, 33
Describe a Frequency Table	393, 40
Averages from Frequency Tables	416
Use a Frequency Table	62, 7
Inequalities	267
Equivalence of Ratio and Percentage	87, 32

Reverse Percentage Increase and Decrease	96
Simple Index Form	105, 106
Understanding Algebraic Sum	280
Understanding Algebraic Product	280
Circle Problems	542
Reciprocal Graphs	895, 300
Estimation from a Graph	894
Changing the Subject of a Formula	281
Expand double brackets	163
Fractions and Percentages	76
Rotational Symmetry and Shapes	828
Simple Sytematic Listing	670
Pie Charts	427
Enlargement by a Fractional Scale Factor	645
Collecting Like Terms	157
Factorising Single Brackets	169
Solving Simple Equations	234
Simple Bounds	139
Substitute into Formulae	783
Evaluate a Formula	785
Proportional reasoning	341
Density Problems	725, 729
Triangles Length and Reasoning	823
Trigonometry	511

Reciprocals and Powers of 0 and to 1	71
Ratio and Algebra	336
Sequences	198
Place Value	16, 13
One Step Addition Equations	178
Improper Fractions and Mixed Numbers	64
Simple Algebra	151
Ordering Fractions, Decimals and %	74, 46
Decimal Two Step Operations Reasoning	51
Evaluate Change to a Calculation	51
Total from a Pictogram	426
Number Set Problems	33, 20,
	43
Best Deal Problems	767
Angles in Triangles and Quadrilaterals	486, 812,
	824
Number Machine	176, 288
Number machines	288
Triangular Number Sequence	261
Larger Primes	28
Metric and Imperial Conversion	706
Forming and Solving Equations	188
Compound Interest and Depreciation	94, 98
Number Set and Averages Problem	405, 333, 419
Understanding Lines and Gradients	212

# Maths (Higher)



Year 11, please go on to Hegarty maths and go through the list below, concentrate on your weaker areas. Good luck!

Higher Topic List for November mock			
Similar Triangles	611	Expanding triple brackets	166
Mixed Numbers	68	Inverse functions	288, 295
Semicircle Arc	544	Equivalent Fractions	743, 62
Improper Fractions and Decimals	52	Multiplying Probability	360
Converting to standard form	122	HCF and LCM by Listing	34
Standard Form	126, 123	Solving Quadratics by Factorisation	230
		Enlargement by a Fractional Scale	
Tree Diagrams	362	Factor	645
Probability and Tree Diagrams	362	Simple Bounds	139
Reverse Percentage Increase and			
Decrease	96	Density Problems	725, 729
Simple Index Form	105, 106	Changing the Subject of a Formula	281
Circle Problems	542	Forming and Solving Equations	188
Reciprocal Graphs	895, 300	Compound Interest and Depreciation	94, 98
Estimation from a Graph	894	Number Set and Averages Problem	405, 333, 419
Changing Ratios	335, 337	Understanding Lines and Gradients	212
Simple Fibonacci Sequences	263	Simple Vectors	626
Missing Length and	570, 557,		
Approximation	131	Vector Arithmetic	625
Angles and Ratio	560, 332, 333	Understanding and Comparing Ratios	330, 60
Cumulative Frequency Table	437	Simple Index Form	172, 159
Cumulative Frequency Graph	437	Sector Problems	546
Cumulative Frequency	438	Relative Frequency and Range	356, 410
Simplifying Algebraic Fractions	229	Expand and Rearrange Equation	233
Forming equations from worded		Harder Solving Quadratics with the	
questions	245	Formula	241
Evaluate Solution	234	Box plots	435
Using Difference of Two Squares	224	Direct and Inverse Proportion	344
Factorise Quadratics	224	Substitute and Solve	344
Recurring Decimals	53	Ratio, Fractions and Percentage Problems	333, 341, 760
Circle Theorems	598, 486, 481	Venn Diagrams and Probability	383
Evaluate Change of Angle	598, 486, 481	Venn Diagrams and Probability	383
Simultaneous Equations	194	Sketch an Exponential Graph	800
Find a Vector	628	3D Trigonometry	861

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Vectors	636	Invariance	652, 655
Fractional and Negative Indices	791	Invariance	654, 655
Negative Trig Values	308, 303	Composite functions	297, 234
Perpendicular Lines and the			778, 333,
equation of a tan	320	Equation of a Circle and Trigometry	530
Length of a Line Segment	320, 498	Areas under velocity time graph	885, 893
		Estimating Gradient from Speed Time	
Completing the Square	256, 783	Graph	881
Non to Calc Trigonometry	845	Proof with Squares	327
Point on a Curve	785	Cone and Sphere Problems	587, 592
Simple Bounds	776	Surds	117
Understanding Ratio	336	Similar Solids and Ratio	621
Venn Diagrams and Probability	374	Quadratic Inequalities	277
Loci and Construction	677	Comparing Data Sets	402, 443
Speed Problems	722	Equation of a Line from a Graph	209
Pythagoras	499, 333	Sine, Cosine Rules and Area of Triangles	557, 517
Sketch a Cubic Graph	298, 299	Upper and Lower Bounds	139
Describing Data	393, 402	Combining Ratios	351
Averages from Frequency Tables	416	Applied Trig Problems	509, 559
Percentage from a Frequency		Mean from a Frequency Table and	
Table	62, 76	Probability	418
Combined Inequalities	267	Counting Methods	671
Equivalence of Ratio and			
Percentage	87, 329	Counting Methods Reasoning	671
Theoretical Probability	356		



# Science

## **Science Department Revision Guide**

**Biology** 

All Oak biology lessons Knowledge Organisers Chemistry

All Oak chem lessons Knowledge Organisers **Physics** 

All Oak physics
lessons
Knowledge
Organisers

Week Beginning	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
		C3 Quantitative	P1 – Energy	B4 - Bioenergetics	C5 Energy Changes	P4 – Atomic
	B2 - Organisation	Chemistry	Multistep	Review	Review (Combined	Structure
	Review (Part 1)	Relative formula	calculation (HT	Exam Skills	Science only)	Review
	Review (Part 2)	mass (FT only)	Only)	Synoptic links	Review (GCSE Chem	Revision
November 9th	Exam technique	Review (HT Only)	Review	Maths Skills	Only)	<u>booklet</u>
	Maths skills	Review (GCSE Chem	Revision booklet	Revision booklet	Revision booklet	
	Revision booklet	only)				
		Revision booklet				
	✓Complete?	✓Complete?	✓Complete?	✓Complete?	✓Complete?	✓Complete?

## **Science Department Revision Guide**

**Biology** 

All Oak biology lessons Knowledge Organisers Chemistry

All Oak chem lessons Knowledge Organisers **Physics** 

All Oak physics lessons Knowledge Organisers

Week Beginning	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
	B1 – Cell Biology	C1 - Atomic	P2 – Electricity	B3 – Infection and	C4 Chemical	P3 – Particle
	Review (Part 1)	structure and the	Review (Circuits)	response	Changes	Model of Matter
	Review (Part 2)	periodic table	Review (Domestic	Review (Part 1)	Reactivity and acid	Review
		Review (Part 1)	electricity)	Review (part 2)	base reactions	P4 – Atomic
November		Review (Part 2)			<u>review</u>	Structure
110101111001					Electrolysis review	Review
16th	Revision booklet		Revision booklet	Revision booklet		
		Revision booklet				Revision booklet
					Revision booklet	
	✓Complete?	✓Complete?	✓Complete?	✓Complete?	✓Complete?	✓Complete?

Biology All Oak biology lessons Knowledge Organisers	Chemistry All Oak chemistry lessons Knowledge Organisers	Physics All Oak physics lessons Knowledge Organisers
	Paper 1	
B1 – Cell Biology <u>Review (Part 1)</u> <u>Review (Part 2)</u>	C1 - Atomic structure and the periodic table <u>Review (Part 1)</u>	P1 – Energy Multistep calculation (HT Only) Review

Maths skills	Review (Part 2)	Revision booklet
Revision booklet	Revision booklet	<u>REVISION DOOKIEL</u>
B2 - Organisation	C2 – Bonding, structure, and the	P2 – Electricity
Review (Part 1)	properties of Matter	Review (Circuits)
Review (Part 2)	Review (Part 1)	Review (Circuits)  Review (Domestic electricity)
Exam technique	Review (Part 1)	Multistep calculation (HT Only)
Maths skills		Revision booklet
Revision booklet	Revision booklet	<u>Kevision bookiet</u>
	C2 Overstiteting Chamiston	P3 – Particle Model of Matter
B3 – Infection and response	C3 Quantitative Chemistry	
Review (Part 1)	Relative formula mass (FT only)	Review
Review (part 2)	Review (HT Only)	Multistep calculation (HT Only)
Exam Skills	Review (GCSE Chem only)	Revision booklet
Review (GCSE Bio ONLY)	Revision booklet	
Revision booklet		
B4 - Bioenergetics	C4 Chemical Changes	P4 – Atomic Structure
<u>Review</u>	Reactivity and acid base reactions	<u>Review</u>
Exam Skills	<u>review</u>	Revision booklet
Synoptic links	<u>Electrolysis review</u>	
Maths Skills	Review lesson (HT Only)	
Revision booklet	Writing a method	
	Revision booklet	
	C5 Energy Changes	
	Review (Combined Science only)	
	Review (GCSE Chem Only)	
	Revision booklet	

# Geography



Action 1: complete both ANNOTATED mock papers using the green CGP revision guide.

Deadlines: Tuesday 1<sup>st</sup> December (Mr Robbins) (except MFL students – Monday 30<sup>th</sup> November)

Monday 30<sup>th</sup> November (Mrs Edmonds) (except History students – Wednesday 2<sup>nd</sup> December)

<u>Action 2:</u> fill out this personal learning checklist (PLC) with green, yellow/orange, and red. Only colour in green if you are *literally exam ready*. Most of these boxes should really be yellow/orange or red.

<u>Action 3:</u> starting with the red, create flashcards using the pages in your CGP revision guide. Try to keep it to <u>fewer</u> <u>than 50 words</u> on each flashcard. Key words, facts {for case studies} definitions, and processes.

Action 4: Seneca – this is ongoing.

	YOU NEED TO KNOW	CGP page	RAG
	CLIMATE & TROPICAL CYCLONES		
S	Global atmospheric circulation - formation of low & high pressure climates	2-3	
5	Causes of natural climate change in the past, and evidence	4-5	
za	Enhanced greenhouse effect - human-induced climate change	6	
<u> </u>	Impacts of climate change & future projections	7-8	
<del>-</del> -	Causes of tropical cyclones	9	
⋖	Impacts of tropical cyclones - Hurricane Katrina & Typhoon Haiyan	10-12	
ב	Responses to tropical cyclones - Hurricane Katrina & Typhoon Haiyan	10-12	
Ë	TECTONICS		
ec C	Earth's structure	13	
1: Section A: Hazards	Plate tectonics - plate boundaries	14	
	Volcanoes - types, characteristics, hazards, monitoring & planning	15,17	
PAPER	Earthquakes - types, Richter & Mercalli scale, planning & preparation	16	
چ	Impacts of earthquakes - Japan & Haiti	18-19	
Δ Δ	Responses to/management of earthquakes - Japan & Haiti	18-19	
_	DEVELOPMENT & INDIA	_	
	Development indicators - social, economic (GDP, GDP per capita), composite - HDI	21	
₹	Demographic change & development - population structure/pyramids	22	
. 📮	Causes & consequences of poverty & inequality	23-24	
_ ≤	Theories of development - Rostow, Franks	25	
<u> </u>	Globalisation - role of governments, TNCs	26	
ent	Top-down development & bottom-up development - role of IGOs, NGOs, intermediate technology	27-28	
Ě	India - site, situation, connectivity; political, social, cultural, environmental context	29	
9	India - role of globalisation in its development	29	
Development [& INDIA]	India - positive & negative social, economic, environmental, political impacts of rapid economic growth	30-31	
	URBANISATION & LAGOS		
Section C:	Urbanisation - past trends, current pattern of megacities	33	
Section	Urbanisation - causes	34	
ec 1,4	Characteristics of urban areas in developed, emerging, developing economies	35-37	

	Lagos - site, situation, connectivity	38
	Lagos - megacity structure, population & spatial growth	38-39
	Lagos - opportunities & challenges	40-41
	Lagos - top-down development strategies	42
	Lagos - bottom-up development strategies	42
	UK ECONOMIC CHANGE	
<u> </u>	Urban core regions vs rural periphery regions - reasons for differences and governement policies	72-73
<u>ک</u>	How the UK's population has changed	74
o	Deindustrialisation & the new economy	75
o	Globalisation and the UK economy - privatisation, free-trade, foreign-direct investment	76
Ö	LONDON	
B: UK's economy	London - site, situation, connectivity in a national, regional, global context	77
Š	London - urban structure, land use, functions	77
<del></del>	Migration to London - causes & impacts on different areas	78
	Inequality in employment, services, education, and health in different areas	78
Section 	Deindustrialisation in the docklands & Stratford	79-80
<u>ام</u>	Regeneration in Stratford & gentrification in Brixton	80
S:	Sustainable strategies to improve quality of life in London	80
22. ON]	Interdependence between London and surrounding rural areas - dormitory towns	81
ER DO	Challenges facing the rural periphery - Cornwall	own notes
PAPER 2: LONDON]	Opportunities in the rural periphery - diversification in Cornwall, Devon	own notes

# **Year 11 History**



## **Resources:**

- 1) Seneca Learning (link on Teams)
- 2) Your exercise books (model answers, exam questions, PLC's, exam question guides)

## **Exam content:**

Topic / Skill	Revised (date & time)	Self-quizzed (date & time)
Topic: Germany – the Weimar Republic; legacy of		
the First World War, challenges from Left and		
Right		
Topic: Germany – Hitler's leadership of the Nazi		
Party		
Topic: William in power: securing the kingdom,		
1066-87		
Topic: Norman England, 1066-87		
Topic: Medieval, Renaissance, 18th-19th century		
and <b>modern</b> medicine in Britain		
Topic: Ideas about causes, care for the sick,		
methods of treatment and prevention in all		
periods		
Skill: knowledge and understanding of key		
features		
Skill: explaining why (12-mark Q)		
Skill: responding to 'How far do you agree?'		
statements, reaching conclusions (16-mark Q)		
Skill: Understanding how and why interpretations		_
differ and reaching a judgement about how far		
you agree (Q3b, c, and d – Germany)		

## Subject specific top tips:

- 1) Learn the **chronology** of events and people; make timelines and mind maps to help.
- 2) **Read** exam questions **carefully**, then answer **directly**, (don't just write down everything you know!).
- 3) Support **inferences** with details from sources, and evaluate **usefulness** of sources by looking at content, caption and context. Evaluate **interpretations** using your own knowledge and quotes from both interpretations.
- 4) In 'How far do you agree...?' questions, using **criteria** to reach your conclusion and having a **balanced** argument.

# GCSE RE Year 11 revision plan



### **Resources:**

- 1) Year 10 exercise books
- 2) Previous assessment papers

**Exam content:** This assessment covers 4 of the 4 units done in year 10 Christianity.

Paper 1: -

Unit 1 Christian Beliefs Unit 2 Marriage & the family Unit 3 Living the Christian life

## Subject specific top tips:

For a, b & c questions use the structure taught in lessons, remember to spend a minute per mark on your answer e.g. 3 marks = 3

Topic / Skill	Revised (date & time)	Self-quizzed (date & time)
Unit 1 Christian Beliefs		
The Last days of Jesus		
Evil and suffering		
The Trinity		
Creation		
Unit 2 Marriage & the family		
Beliefs about Marriage		
Contraception		
Equality, Men and Women in the family		
Divorce		
Unit 3 Living the Christian life		
Worship		
Sacraments		
Evangelism		
Easter and Christmas		
Unit 4 Matters of life and death		
The Sanctity of Life		
Euthanasia		
Life after death		
Abortion		

#### minutes

#### For the extended writing 'd' questions (12 or 15 marks):

You must apply your knowledge and understanding of Christianity to an unfamiliar context, **evaluating** a contentious statement by constructing a **balanced argument** that looks at arguments for and arguments against while including some degree of critical analysis.

"this argument is stronger because" ....... "This point far outweighs the first"

#### **Use the FARJ model**

#### Include:

- Two paragraphs. One FOR and ONE against the statement.
- A conclusion which outlines the main reasons for your opinion. This must include a degree of comparative analysis in order to score full marks.
- YOU must address all bullet points within the question in order to gain full marks. If not your marks will be capped at 6.

## **MFL**

### Theme 1: Identity and culture

- Who am I?: relationships; when I was younger; what
  my friends and family are like; what makes a good friend; interests; socialising with friends and
  family; role models
- Daily life: customs and everyday life; food and drink; shopping; social media and technology (use of, advantages and disadvantages)

Sedgehill Academy

The best in everyone

Cultural life: celebrations and festivals; reading; music; sport; film and television

### Theme 2: Local, national, international and global areas of interest

- Holidays: preferences; experiences; and destinations
- Travel and tourist transactions: travel and accommodation; asking for help and dealing with problems; directions; eating out; shopping
- Home, Town, region and country: weather; places to see; things to do
  - Social issues: Charity/voluntary work, Healthy/unhealthy living
  - Global issues: The environment, Poverty/homelessness

### Theme 3: Current and future study and employment

School life and my studies: What school is like: school types; school day; subjects; rules and pressures; celebrating success, School activities: school trips; events; exchanges

### Future aspirations, study and work

- Using languages beyond the classroom: forming relationships; travel; employment
- Ambitions: further study; volunteering; training
- Work: jobs; careers; professions

#### **Revision resources:**

- a) <u>Vocabulary list for full AQA Syllabus</u> –Students must learn most words and by able to recognize most of them. Spanish: <a href="https://www.aqa.org.uk/subjects/languages/gcse/spanish-8698/subject-content/vocabulary">https://www.aqa.org.uk/subjects/languages/gcse/spanish-8698/subject-content/vocabulary</a>
  - <u>French:</u> https://www.aqa.org.uk/subjects/languages/gcse/french-8658/subject-content/vocabulary
- b) <u>Exercise book</u> Students to look through work done in class in order to improve written answers or as support to complete past papers.
- c) Revision guide Grammar and vocabulary explained in context so students can refer to it in case of help needed. Students must check how much topics and knowledge they're not confident about and seek help from their teachers or other revision sources.
- d) <u>Knowledge organisers and sentence builders</u> Students should use these to revise sentence structures useful for their writing exam, and vocabulary useful for their listening and reading papers.
- e) <u>Pearson activelearn</u> and <u>memrise</u>: Online learning platforms for languages to learn vocabulary and practise listening and reading questions.

**To revise or learn vocabulary:** Make a mind map **OF EACH SUB-TOPIC** and some questions related to the topic. Then use the strategy **LOOK, COVER, REPEAT**.

**For the writing exam:** ensure you know some sentence structures in the present, past and future tenses and include at least two opinions.

# **GCSE PE**



### Resources:

- 1. PE Green and Orange Class Exercise Books
- 2. Purple PE Revision Guide (Book)
- 3. Paper 1 Home Learning Booklet (Paper)
- 4. Paper 1 Past Exam Questions Booklet (Paper)
- 5. PE Everlearner <u>www.theeverlearner.com</u> (Online Platform)

Anatomy & Physiology Unit			
Topic	Checklist	Revision Guide Page	Revised Y/N
Skeletal System	<ul> <li>✓ Can you locate the major bones?</li> <li>✓ Can you explain the functions on the skeletal system?</li> <li>✓ Do you know the different bone structures and their functions in sport i.e. flat bones enable protection?</li> </ul>	Page 1-3	
Synovial Joints and Types of Joints	<ul> <li>✓ Can you identify the features of a synovial joint?</li> <li>✓ Can you explain their functions in preventing injury?</li> <li>✓ Do you know where the hinge and ball and socket joints can be found and what types of movement occurs at each?</li> </ul>	Page 4-8	
Muscles	<ul> <li>✓ Can you locate the major muscles?</li> <li>✓ Do you how the muscle pairs and how they cause movement to occur (agonist and antagonist muscles).</li> <li>✓ Do you know the different types of muscle contractions and give sporting examples?</li> </ul>	Page 9- 14	
Respiratory System	<ul> <li>✓ Can you name the air passages, and do you know the order of the air pathway?</li> <li>✓ Can you describe gaseous exchange, and do you know the features of the alveoli?</li> <li>✓ Can you explain the mechanics of beathing during exercise?</li> <li>✓ Do you know the four different lung volumes and how they change during exercise?</li> </ul>	Pages 15, 16, 21, 22	
Cardiovascular System	<ul> <li>✓ Do you know the structure and functions of the blood vessels?</li> <li>✓ Do you know the how the body redistributes blood (vasodilation and vasocontraction?</li> <li>✓ Can you label the heart?</li> <li>✓ Can you explain the pathway of blood through the heart during the cardiac cycle?</li> <li>✓ To be able to define cardiac output and its components (stroke volume and heart rates).</li> </ul>	Page17, 18, 19 20	
Energy & Recovery	<ul> <li>✓ Do you know the definition of anaerobic and aerobic exercise and can you give sporting examples for each?</li> <li>✓ Can you define EPOC and explain why this happens?</li> <li>✓ Can you evaluate the four different methods of recovery?</li> </ul>	Pages 23-24	
Effects of Exercise	<ul> <li>✓ Can you describe the immediate and short term (24-36 hours) effects of exercise?</li> <li>✓ Can you describe the long-term effects of exercise?</li> </ul>	Pages 26-27	

Movement Analysis Unit			
Topic	Checklist	Revision Guide Page	Revised Y/N
Planes and Axis	✓ Can you identify the three different planes and axis?	Page 30	
Movement Patterns	✓ Do you know the seven types of movement and can you give sporting examples for each?	Page 31	
Levers	<ul> <li>✓ Can you identify sketch and label the three lever systems?</li> <li>✓ Do you know the term mechanical advantage and how it relates to each lever system?</li> </ul>	Page 28- 29	

Physical Training Unit			
Topic	Checklist	Revision Guide Page	Revised Y/N
Health and Fitness	✓ Do you know the definitions of and the relationships between health and fitness?	Page 32	
Fitness Components	<ul> <li>✓ Can you define the 10 components of fitness?</li> <li>✓ Can you justify the importance of components to varying sporting examples?</li> </ul>	Page 33- 40	
Fitness Testing	<ul> <li>✓ Can you identify two reasons and limitations to fitness testing?</li> <li>✓ Do you know the protocols for each of the 11 fitness tests?</li> <li>✓ Can you define quantitative and qualitative data?</li> </ul>	Page 41- 47	
Principles of Training	<ul> <li>✓ Do you know the principles of training (S.P.O.R.T) and how to overload (F.I.T.T)?</li> <li>✓ Can you apply the principles of training to bring about improvements in fitness and sporting examples?</li> </ul>	Pages 48-50	
Methods of Training	<ul> <li>✓ Can you define the seven types of training?</li> <li>✓ Do you know the advantages and disadvantages for each method of training?</li> <li>✓ Can you justify why different methods of training is more relevant to certain sports?</li> </ul>	Page 51, 58	
Optimising Training	<ul> <li>✓ Do you know the intensity to train at the aerobic and anaerobic training zone / reps for strength and muscular endurance?</li> <li>✓ Do you know the injury prevention factors?</li> <li>✓ Can you evaluate the effectiveness of altitude training?</li> <li>✓ Can you explain the benefits of each of the three seasons?</li> <li>✓ Do you know the appropriate phases of a warm-up and cool down?</li> <li>✓ Can you explain the benefits to why we warm up and cool down?</li> </ul>	Pages 59 - 64	

# BTEC PE



	Checklist	Revision Resources	Revised
	CHECKIIST	available	Y/N
A1 - Components of fitness and the principles of training.	<ul> <li>Components of Physical Fitness</li> <li>Components of Skill-related         Fitness</li> <li>Exercise Intensity</li> <li>The FITT Principles</li> <li>Additional Principles of Training</li> </ul>	Knowledge organiser (Paper copy/ Teams) The Everlearner (online resource) Glossary of key terms (Teams) Revision Pack – (Paper copy/ Teams) Differentiated exam questions – (Teams)	
B3 – Training Methods	<ul> <li>Warm Up</li> <li>Cool Down</li> <li>Continuous Training</li> <li>Fartlek Training</li> <li>Interval Training</li> <li>Circuit Training</li> <li>Hollow Sprints</li> <li>Acceleration Sprints</li> <li>Free Weight Training</li> <li>Resistance Training</li> <li>Static Stretching</li> <li>Dynamic Stretching</li> <li>PNF</li> <li>Plyometrics</li> </ul>	Knowledge organiser (Paper copy/ Teams) The Everlearner (online resource) Glossary of key terms (Teams) Revision Pack – (Paper copy/ Teams) Differentiated exam questions – (Teams)	
C1 – Fitness Testing Methods	<ul> <li>Sit Up Test</li> <li>Hand Grip Dynamometer Test</li> <li>Sit &amp; Reach Test</li> <li>Vertical Jump Test</li> <li>The Lewis nomogram chart</li> <li>35m Sprint</li> <li>Forestry Step Test</li> <li>Jackson Pollock Nomogram</li> <li>Bioelectrical Impedance Analysis (BIA)</li> </ul>	Knowledge organiser (Paper copy/ Teams) The Everlearner (online resource) Glossary of key terms (Teams) Revision Pack – (Paper copy/ Teams) Differentiated exam questions – (Teams)	

# **Business**



To support your revision for the GCSE Business exam please revise the topics below.

- Red Least confident/revise in detail and test regularly
- Amber developing confidence/continue revising and test myself
- Green most confident/review & test myself to refresh memory

Topic	Revision Guide Pages	Red	Amber	Green
Methods of internal recruitment	74			
Public Limited Companies and Shares	10			
Primary Sector	5			
Lean production	53			
Objectives	15			
Reasons for staff leaving a business				
Delayering/Delegation	70/67			
Induction training – advantages	76			
Benefits of maintaining quality	57			
Total Quality Management (TQM) – definition and benefit	59			
Factors of production	7			
What are Goods and Services	4			
Job description	74			
Know how to calculate PRICE increase				
Contract types	73			
Profit formula	21			
Just in Time (JIT) – 3 advantages/3 disadvantages	53			
Know how to calculate COST increase				
Methods of customer service	60			
What may influence the choice of suppliers to a business	50-51			
External recruitment - 3 advantages/3 disadvantages	74			
Equality Law	31			
Benefits and disadvantages of Job Production	52			
Benefits of Commission	77			
Benefits of motivated staff	77			
Benefits and disadvantages of Franchising	25			

## **Drama**



Since last year, we have been studying the play 'DNA' by Dennis Kelly.

Your exam paper will consist of <u>5 questions</u> which will be based on an unseen extract of four pages from DNA. For this mock exam, we are telling you the specific extract you will be set to give you a chance to fully prepare.

However, we will not reveal the exact questions you will be asked.

Below is a guide of the structure of the questions.

Extract: pages 36-39	
Questions:	
<u>a(i):</u> You are going to play the part of Explain <u>2 ways</u> you would use (physic space) to play this character in this extract.	cality/vocal skills/ (4 marks)
<b>a(ii):</b> You are going to play S/he (does something/says something give <b>3 suggestions</b> of how you would use performance skills to show his/her intentions. a reason for each suggestion.	•
<b>b(i):</b> As a director, discuss how you would use <b>one</b> of the production elements below the life for your audience. You should refer to the <b>context</b> in which the text was created an -Costume - set -lighting - Staging - sound - Props/stage further	nd first performed.
<b>b(ii):</b> As a director, discuss how the performer playing the role ofmig attitude to the audience in this extract and the complete play. You must consider:	ht demonstrate their
- Voice - Physicality - Stage space	(12 marks)
<b>c:</b> As a designer, discuss how you would use <b>one</b> of the design elements below to enhors of this extract for the audience. Choose one of the following:	ance the production
-Costume - set -lighting - Staging - sound - Props/sta	ige furniture
	(14 marks)

To prepare for this paper, complete the following:

- Carefully **read the extract** (p36-39), considering the group dynamics among the characters; their status, their objectives and their reactions to what each other are saying.
- Prepare your designs for costume and set <u>in detail</u> and with <u>clear reasons</u>, considering what you
  want to convey to the audience about the characters, setting and context.
- Use the **exam packs** you've been given this term with examples of high-scoring responses so that you are fully prepared for how to answer the questions.
- Complete the homework over the next few weeks to practice writing exam responses so that your teacher can show you where you are gaining/losing marks
- Watch the recordings of the online drama lessons done during lockdown. During this time, we discussed ALL of the above in DETAIL
- Look back at the **DNA work packs** you completed during lockdown to remind yourself of the historical context of the early 21<sup>st</sup> century and of the themes and structure of DNA.

Your **DEVISING PORTFOLIO** marks will be added to your scores for this paper so ensure you have completed your final redraft to the BEST of your ability!

## Music



## Area of Study 1: Musical Forms and Devices

The Baroque period, The Classical period, The Romantic period

Questions 1 - Will be based on your set study piece Eine Kleine Nachtmusik,

Question 2 - Will be on unprepared music

## 1. Area of Study 2: Music for Ensemble

Jazz, Musical Theatre, Chamber music

Questions 3 and 4 - Two extracts of film music you have not heard before

## 2. Area of Study 3: Film Music

Timbre, Tone colour, Dynamics

Questions 5 and 6 - Two extracts of film music you have not heard before

## 3. Area of Study 4: Popular Music

Pop and rock, Fusion, Bhangra,

Question 7 - Will be based on your set study piece Since You've Been Gone by Rainbow

Question 8 - Will be on unprepared popular music

- Each Area of Study has a list of key words and key terms that need to be understood. (This is in your blue Music folder)
- Use your Music glossary, notes from lesson and your revision book to help with keywords.
- Sample exam questions can be found in your revision guide and revision booklet.

### Online resources

www.emusictheory.com/freeResources.html

www.musictheoryvideos.com

www.bbc.co.uk/education/subjects/zpf3cdm

www.youtube.com Make use of the 'watch later' and 'create playlist' functions to structure your revision schedule.

<u>www.eduqas.co.uk</u> Access eduqas digital resources GCSE Music Revision Guide